

POS	POS MW	POS CAT	BIB	COGNOME	NOME	SEX	CAT	SOC	NAZ	TIME	REAL TIME
1	1	1	4	NASEF	AHMEDE	M	SM40	ATL.PONZANO G.R.AUTOTRASPORTI	MAR	02:21:02	02:21:01
2	2	1	3	HAIJY	MOHAMED	M	SM35	ATL. CASTENASO CELTIC DRUID	MAR	02:21:34	02:21:34
3	3	1	2	RUGUT	SIMON KIPNETICH	M	SM	UGANDA	UGA	02:23:02	02:23:02
4	4	2	5	ZAIN	JAOUAD	M	SM	LBM SPORT TEAM	MAR	02:26:51	02:26:50
5	5	3	6	ABDELKADER	OUALID	M	SM	ATL CIVITAS OLPIA	ITA	02:26:54	02:26:52
6	6	2	29	MANCA	GIAN NICOLA	M	SM40	POL UTA 2000	ITA	02:48:41	02:48:41
7	7	2	13	MASCIA	TIZIANO	M	SM35	G.S. ATLETICA DOLIANOVA	ITA	02:49:18	02:49:18
8	8	1	33	TUVERI	FRANCESCO	M	SM50	NUOVA ATL SESTU	ITA	02:52:08	02:52:06
9	9	3	108	LADU	VLADIMIR	M	SM40	CIRC SPORT DIL ATL AMATORI	ITA	02:52:44	02:52:42
10	1	1	173	VRAJIC	MARIJA	F	SF35	CROAZIA	CRO	02:53:26	02:53:26
11	2	1	171	FERRU	ROBERTA	F	SF45	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	02:55:47	02:55:45
12	10	3	170	DEMELOS	ANDREA	M	SM35	SS ESPERIA	ITA	02:58:13	02:58:11
13	11	1	130	DELUCCHI	MARCO AGOSTINO	M	SM45	POLISPORTIVA RUNNERS ORISTANO	ITA	02:58:46	02:58:36
14	12	2	109	GOSELI	GIOVANNI	M	SM45	CIRC SPORT DIL ATL AMATORI	ITA	02:58:58	02:58:55
15	13	3	88	MAMELI	ALESSANDRO	M	SM45	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	02:59:07	02:59:06
16	14	4	64	UCCHEDDU	SAMUEL	M	SM35	ATLETICA PULA	ITA	02:59:49	02:59:40
17	15	5	155	COMACCHIO	GABRIELE ANTONIO	M	SM35	LIBERTAS	ITA	03:01:08	03:01:05
18	16	6	24	SPANU	CARLO	M	SM35	ATL POD SAN GAVINO	ITA	03:03:36	03:03:34
19	3	1	174	FORTIN	ALEKSANDRA	F	SF40	SPORTIAMO	ITA	03:06:59	03:06:59
20	17	2	26	SANNA	MARIO	M	SM50	POLISPORTIVA ISILI	ITA	03:07:08	03:07:01
21	18	4	57	MARRA	FULVIO	M	SM40	CAGLIARI MARATHON CLUB	ITA	03:07:20	03:07:17
22	4	2	175	CAULI	GIUSEPPINA	F	SF35	ATLETICA SELARGIUS	ITA	03:09:01	03:09:00
23	19	5	84	CAO	MARIO	M	SM40	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:11:19	03:11:17
24	20	3	7	NEBULOSO	MARCO	M	SM50	ASD ATLETICA ABRUZZO L'AQUILA	ITA	03:11:28	03:11:25
25	21	6	85	FLORIS	ENRICO	M	SM40	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:12:02	03:12:02
26	22	7	102	PUGGIONI	GIANFRANCO	M	SM35	CS FIAMMA MACOMER	ITA	03:14:33	03:14:30
27	23	4	20	PISANI	LORENZO	M	SM50	GS ATLETICA CAPOTERRA	ITA	03:14:37	03:14:34
28	24	1	91	CONGIU	GIOVANNI	M	SM55	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:14:48	03:14:42
29	25	4	68	FIRINU	STEFANO	M	SM45	NUOVA ATLETICA SARDEGNA	ITA	03:15:32	03:15:17
30	26	4	67	PARODI	MARTINO	M	SM	NUOVA ATLETICA SARDEGNA	ITA	03:15:50	03:15:42
31	27	2	38	CARBONI	GIOVANNI	M	SM55	GRUPPO POL DIL ASSEMINI	ITA	03:16:14	03:16:14
32	28	3	113	BUSSU	GIANPAOLO	M	SM55	ATLETICA ORANI	ITA	03:16:39	03:16:35
33	29	5	79	MURGIA	ITALO	M	SM50	ZITTO E CORRI MASTER TEAM CARB	ITA	03:17:13	03:17:09
34	30	8	152	DENTI	STEFANO	M	SM35	UISP	ITA	03:18:14	03:17:45
35	5	3	189	MARCATO	CHIARA	F	SF35	LIBERTAS	ITA	03:20:16	03:20:14
36	31	4	114	SABIUCCI	GIANFRANCO	M	SM55	RIU MANNU GONNOSTRAMATZA	ITA	03:20:34	03:20:31
37	32	9	98	MARONGIU	MICHELE	M	SM35	SARRABUS RUNNERS	ITA	03:21:21	03:21:00
38	33	10	105	OBINU	MARCO	M	SM35	GS ATLETICA OGLIASTRA	ITA	03:23:08	03:23:04
39	34	6	132	NONNIS	STEFANO	M	SM50	POLISPORTIVA RUNNERS ORISTANO	ITA	03:24:08	03:23:41
40	35	11	107	MORTELLARO	FEDERICO	M	SM35	CIRC SPORT DIL ATL AMATORI	ITA	03:24:27	03:24:24
41	36	7	34	LAI	MARIO	M	SM50	ASD SULCIS ATLETICA CARBONIA	ITA	03:25:18	03:24:19
42	37	8	139	ZURRU	CARLO	M	SM50	POD AMATORI OLPIA	ITA	03:25:22	03:24:52
43	38	5	138	CALZIA	GUIDO	M	SM45	SS GYMNASIUM ATL ALGHERO	ITA	03:25:26	03:25:14
44	39	7	160	MULAS	MASSIMO	M	SM40	RUNCARD	ITA	03:26:37	03:26:09
45	40	1	92	MARROCU	RODOLFO	M	SM60	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:26:39	03:26:35
46	41	9	166	CARDU	GESUINO	M	SM50	RUNCARD	ITA	03:26:45	03:26:40
47	42	6	131	DEMURU	MARIO	M	SM45	POLISPORTIVA RUNNERS ORISTANO	ITA	03:26:54	03:26:28
48	43	5	11	CABRAS	SILVIO	M	SM55	ATL ORROLI MARIANO LEONI	ITA	03:27:17	03:27:14
49	44	8	86	GIORDANO	EMILIO	M	SM40	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:27:44	03:27:41
50	6	2	183	MEREU	PATRIZIA	F	SF40	AS DELOGU NUORO	ITA	03:27:48	03:27:32
51	45	6	72	UCCHESU	IGNAZIO	M	SM55	NUOVA ATLETICA SARDEGNA	ITA	03:28:21	03:28:16
52	46	7	135	PIRAS	WALTER	M	SM45	DINAMICA SARDEGNA	ITA	03:28:23	03:28:10
53	47	7	63	SACCEDDU	CLAUDIO	M	SM55	CAGLIARI MARATHON CLUB	ITA	03:28:46	03:28:44
54	48	9	147	DEAVI	PAOLO	M	SM40	ATLETICA VALLE DI CEMBRA	ITA	03:28:58	03:28:49
55	49	8	148	MIORI	ANDREA	M	SM45	ATLETICA VALLE DI CEMBRA	ITA	03:28:58	03:28:48
56	50	10	118	DETTORI	ANTIOCO	M	SM50	MARATHON CLUB ORISTANO	ITA	03:29:21	03:28:38
57	51	11	17	CIRRONIS	FLAVIO	M	SM50	SS SPORTING S.I.E.	ITA	03:29:26	03:29:22
58	52	9	110	STEFANOPOLI	PIERPAOLO	M	SM45	CIRC SPORT DIL ATL AMATORI	ITA	03:29:28	03:29:23
59	53	10	69	MELIS	SALVATORE	M	SM45	NUOVA ATLETICA SARDEGNA	ITA	03:30:14	03:30:07
60	54	2	146	FENU	GIANLUIGI	M	SM60	MARATHON CLUB TEMPIO	ITA	03:30:22	03:30:03
61	55	12	83	MAINI	LUCA	M	SM35	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:31:29	03:30:52
62	56	10	58	PADALINO	PIETRO	M	SM40	CAGLIARI MARATHON CLUB	ITA	03:32:13	03:32:02
63	57	13	18	ATZORI	CARLO	M	SM35	GS ATLETICA CAPOTERRA	ITA	03:33:49	03:33:40
64	7	4	188	HAHN WOERNLE	FLORIAN	F	SF35	RUNCARD	BEL	03:34:07	03:33:48
65	8	1	187	SPANU	RITA ANGELA	F	SF	RUNCARD	ITA	03:34:07	03:33:51
66	9	3	177	MELIS	PAOLA	F	SF40	ATLETICA SELARGIUS	ITA	03:34:39	03:33:56
67	58	12	10	MATTA	FEDERICO	M	SM50	ATL ORROLI MARIANO LEONI	ITA	03:35:25	03:35:19
68	59	11	48	LEORI	CARLO	M	SM45	POL ATLETICA SANTADI	ITA	03:35:47	03:35:34
69	60	5	82	MARONGIU	NICOLA	M	SM	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:36:43	03:36:25
70	61	1	100	ENNA	DAMASO	M	DA	SASPO	ITA	03:37:10	03:36:42
71	62	13	90	SEU	MASSIMO	M	SM50	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:37:17	03:36:52
72	63	8	23	MURRU	GIORGIO	M	SM55	FUTURA CAGLIARI SOLOATLETICA	ITA	03:37:59	03:37:36
73	64	6	53	SPANU	SALVATORE	M	SM	CAGLIARI MARATHON CLUB	ITA	03:38:10	03:37:52
74	65	14	149	PICCIONE	SALVATORE	M	SM50	A.S. DILETT. G.S.ATL.MAZARA	ITA	03:38:21	03:37:47
75	66	11	56	MANTEGA	ROSSANO	M	SM40	CAGLIARI MARATHON CLUB	ITA	03:39:10	03:38:58



POS	POS MW	POS CAT	BIB	COGNOME	NOME	SEX	CAT	SOC	NAZ	TIME	REALTIME
76	67	12	28	LOI	GIANLUCA	M	SM40	POL UTA 2000	ITA	03:39:10	03:38:55
77	68	14	154	POGGIO	ALBERTO	M	SM35	UISP	ITA	03:39:13	03:39:03
78	69	15	145	ZOPPI	ALESSANDRO	M	SM50	PODISTICA SASSARI	ITA	03:39:42	03:39:37
79	70	16	37	CUOMO	MARIO	M	SM50	GRUPPO POL DIL ASSEMINI	ITA	03:40:24	03:39:47
80	10	4	185	MELES	MARIA VITTORIA	F	SF40	CIRC SPORT DIL ATL AMATORI	ITA	03:41:36	03:41:00
81	71	3	99	JURA	GIUSEPPE	M	SM60	ATLETICA SALUZZO	ITA	03:42:22	03:42:22
82	72	13	55	DONATIELLO	SIMONE	M	SM40	CAGLIARI MARATHON CLUB	ITA	03:42:40	03:42:29
83	11	1	180	PETTOSINI	DONATELLA	F	SF50	GS RUNNERS CAGLIARI	ITA	03:42:53	03:42:48
84	73	17	116	TIDU	MAURO	M	SM50	GS PIONIERI MARMILLA MOGORO	ITA	03:43:26	03:43:14
85	74	4	169	SPANU	ALBERTO	M	SM60	RUNCARD	ITA	03:43:58	03:43:48
86	75	14	156	DEL PRETE	GUGLIELMO	M	SM40	RUNCARD	ITA	03:44:22	03:43:15
87	76	18	95	CONTU	EFISIO	M	SM50	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:44:30	03:44:12
88	77	15	158	MORO	ANGELO	M	SM40	UISP	ITA	03:44:47	03:44:31
89	78	15	19	MURGIA	GIANMARCO	M	SM35	GS ATLETICA CAPOTERRA	ITA	03:44:53	03:44:43
90	79	12	75	MURA	TEODORO	M	SM45	A.S.D. ATLETICA MONTEPONI IGLE	ITA	03:45:22	03:45:15
91	80	16	140	BOIANO	LUCIANO	M	SM40	GS MONTE ACUTO MARATHON	ITA	03:46:23	03:46:08
92	81	9	46	PISANO	GIOVANNI	M	SM55	GS RUNNERS CAGLIARI	ITA	03:46:25	03:46:13
93	82	13	60	FONTANA	LUCA	M	SM45	CAGLIARI MARATHON CLUB	ITA	03:48:45	03:48:40
94	83	19	111	NOLI	STEFANO	M	SM50	CIRC SPORT DIL ATL AMATORI	ITA	03:49:20	03:49:08
95	84	17	87	PUDDU	FRANCESCO	M	SM40	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:49:39	03:49:26
96	85	18	96	PADERI	BENIAMINO	M	SM40	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:49:39	03:49:26
97	86	14	162	CAMPOLUNGI	MASSIMILIANO	M	SM45	UISP	ITA	03:49:44	03:49:34
98	87	15	45	MUSA	MARIANO	M	SM45	GS RUNNERS CAGLIARI	ITA	03:50:23	03:50:17
99	88	16	9	NUCITA	LORENZO	M	SM45	S G AMISICORA	ITA	03:51:25	03:49:57
100	89	17	25	PIRAS	GIOVANNI	M	SM45	POLISPORTIVA ISILI	ITA	03:52:02	03:51:07
101	90	18	73	MANDIS	ANTONELLO	M	SM45	ATLETICA 4 MORI	ITA	03:52:08	03:51:57
102	91	19	159	PANZONE	ANDREA	M	SM40	UISP	ITA	03:52:12	03:51:59
103	92	7	40	ATZENI	RICCARDO	M	SM	GS RUNNERS CAGLIARI	ITA	03:52:47	03:52:43
104	93	16	47	IBBA	ANTONIO	M	SM35	POL ATLETICA SANTADI	ITA	03:53:55	03:53:35
105	94	19	94	CASINI	GIANLUCA	M	SM45	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:54:22	03:54:07
106	95	20	161	PEPE	ANTONIO	M	SM45	UISP	ITA	03:55:38	03:55:21
107	96	20	89	CARTA	SALVATORE	M	SM50	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	03:55:46	03:55:41
108	97	10	150	VASCETTO	ALBERTO	M	SM55	ATL. VERBANO	ITA	03:55:46	03:55:46
109	98	21	129	DEDONI	ANTONIO	M	SM45	POLISPORTIVA RUNNERS ORISTANO	ITA	03:55:47	03:55:17
110	99	8	39	MULARGIA	PIETRO	M	SM	GRUPPO POL DIL ASSEMINI	ITA	03:55:47	03:55:37
111	100	5	21	CAPPAL	EMANUELE	M	SM60	GS ATLETICA CAPOTERRA	ITA	03:56:30	03:56:21
112	101	20	157	GHIMENTI	LUCA	M	SM40	UISP	ITA	03:56:55	03:56:40
113	102	11	168	CARTA	MASSIMO	M	SM55	LT FREIGERICHT	ITA	03:57:26	03:57:00
114	103	21	62	MARONGIU	RENATO	M	SM50	CAGLIARI MARATHON CLUB	ITA	03:58:09	03:57:43
115	12	2	191	CAPPAL	GABRIELA	F	SF45	GS RUNNERS CAGLIARI	ITA	03:58:15	03:57:55
116	104	12	142	MUNDULA	LUIGI	M	SM55	GS MONTE ACUTO MARATHON	ITA	03:58:16	03:57:58
117	105	13	122	PIRAS	GIORGIO	M	SM55	MARATHON CLUB ORISTANO	ITA	03:58:42	03:57:49
118	106	22	12	CORONGIU	GIANFRANCO	M	SM45	ATLETICA SELARGIUS	ITA	03:59:31	03:58:46
119	13	5	182	MUSU	MANUELA	F	SF35	A.S.D. ATLETICA MONTEPONI IGLE	ITA	03:59:49	03:59:42
120	107	14	49	TIDDIA	GIOVANNI	M	SM55	POL ATLETICA SANTADI	ITA	03:59:58	03:59:32
121	108	22	30	ZONCHELLO	STEFANO	M	SM50	POL UTA 2000	ITA	04:00:34	04:00:09
122	109	15	121	MURRU	ORAZIO	M	SM55	MARATHON CLUB ORISTANO	ITA	04:02:01	04:01:42
123	110	6	125	MURGIA	GIOVANNI	M	SM60	MARATHON CLUB ORISTANO	ITA	04:02:29	04:01:40
124	111	23	120	MASSIDDA	GIOVANNI	M	SM50	MARATHON CLUB ORISTANO	ITA	04:02:30	04:01:38
125	112	23	65	AVERSA	GIOVANNI	M	SM45	ATLETICA PULA	ITA	04:04:23	04:03:22
126	113	24	15	TOMBOLATO	GIANCARLO	M	SM45	AS TESPENSE QUARTU	ITA	04:04:53	04:04:34
127	114	9	41	PONTIS	ALESSIO	M	SM	GS RUNNERS CAGLIARI	ITA	04:07:41	04:07:24
128	115	25	101	SESTAIONI	STEFANO	M	SM45	ATL. CALENZANO	ITA	04:09:25	04:08:58
129	116	7	133	MULARGIA	SANDRO	M	SM60	POLISPORTIVA RUNNERS ORISTANO	ITA	04:09:50	04:08:52
130	117	1	77	MULLER	FERNANDO	M	SM65	A.S.D. ATLETICA MONTEPONI IGLE	ITA	04:09:50	04:09:27
131	118	24	66	LANGELLA	ANTONIO	M	SM50	ATLETICA PULA	ITA	04:10:12	04:09:11
132	119	26	36	SCALAS	OTTAVIO	M	SM45	GRUPPO POL DIL ASSEMINI	ITA	04:10:16	04:09:39
133	120	27	44	FULGHESU	IGNAZIO	M	SM45	GS RUNNERS CAGLIARI	ITA	04:10:27	04:10:11
134	121	25	164	CADDEO	MAURIZIO	M	SM50	UISP	ITA	04:11:11	04:10:43
135	122	2	136	CORONGIU	GIUSEPPE	M	SM65	ASC ATL SAN GIOVANNI	ITA	04:12:11	04:12:00
136	123	21	144	LOI	ROBERTO	M	SM40	PODISTICA SASSARI	ITA	04:12:20	04:11:47
137	124	10	128	CADEDDU	MATTEO	M	SM	POLISPORTIVA RUNNERS ORISTANO	ITA	04:14:50	04:14:19
138	125	3	127	MULAS	PAOLO	M	SM65	MARATHON CLUB ORISTANO	ITA	04:15:41	04:15:23
139	126	28	163	MARENNE	BRUNO	M	SM45	BELGIO	BEL	04:16:45	04:16:09
140	127	16	93	CAMBULI	LUIGI	M	SM55	A.S.D. CAGLIARI ATLETICA LEGGE	ITA	04:16:53	04:16:36
141	128	17	124	SERRA	GIUSEPPINO	M	SM55	MARATHON CLUB ORISTANO	ITA	04:18:18	04:17:29
142	129	22	22	MOCCI	ANDREA	M	SM40	FUTURA CAGLIARI SOLOATLETICA	ITA	04:18:18	04:18:15
143	130	29	117	PERRA	GIORGIO	M	SM45	MARATHON CLUB ORISTANO	ITA	04:21:05	04:20:19
144	131	18	104	PIRAS	AGOSTINO	M	SM55	POL GONONE DORGALI	ITA	04:22:01	04:21:43
145	132	17	106	CAREDDU	GIANFRANCO	M	SM35	CIRC SPORT DIL ATL AMATORI	ITA	04:22:26	04:22:05
146	14	5	186	PIRAS	RITA	F	SF40	MARATHON CLUB ORISTANO	ITA	04:23:19	04:22:32
147	15	6	176	ANGIUS	PAOLA	F	SF35	POL ATL SERRAMANNA	ITA	04:24:16	04:23:08
148	133	26	8	LEOPARDI BARRA	ANTONIO	M	SM50	BARLETTA SPORTIVA	ITA	04:24:16	04:24:03
149	134	27	167	ANGIONI	PAOLO	M	SM50	UISP	ITA	04:24:53	04:23:38
150	135	28	71	DI CICCIO	GIUSEPPE	M	SM50	NUOVA ATLETICA SARDEGNA	ITA	04:26:06	04:25:54
151	136	19	27	SERRA	OTTAVIO	M	SM55	POLISPORTIVA ISILI	ITA	04:26:06	04:25:59

POS	POS MW	POS CAT	BIB	COGNOME	NOME	SEX	CAT	SOC	NAZ	TIME	REALTIME
152	16	1	190	ISOTALO	MARIA MAR.	F	SF55	RUNCARD	ITA	04:26:18	04:25:36
153	17	2	184	LODDO	ALESSANDRA	F	SF50	CS FIAMMA MACOMER	ITA	04:28:57	04:28:41
154	137	29	103	NICELLI	ANTONIO DOMENICO	M	SM50	CS FIAMMA MACOMER	ITA	04:28:58	04:28:40
155	138	20	51	IBBA	SILVESTRO	M	SM55	ATL EDOARDO SANNA ELMAS	ITA	04:29:02	04:28:53
156	139	1	151	MEREU	FRANCO	M	SM70	BREMA RUNNING TEAM	ITA	04:29:02	04:28:45
157	140	8	126	SAU	FRANCESCO	M	SM60	MARATHON CLUB ORISTANO	ITA	04:29:11	04:28:55
158	141	23	59	TRONU	SIMONE	M	SM40	CAGLIARI MARATHON CLUB	ITA	04:30:12	04:29:38
159	142	4	134	CARIA	IGNAZIO	M	SM65	POLISPORTIVA RUNNERS ORISTANO	ITA	04:32:01	04:31:30
160	143	24	137	IVALDI	ANTONELLO	M	SM40	G.S. ATL OLBIA	ITA	04:33:11	04:33:05
161	144	9	74	STERI	GINO	M	SM60	ATLETICA 4 MORI	ITA	04:35:46	04:35:19
162	145	18	97	DOMINICI	MARCO	M	SM35	SARRABUS RUNNERS	ITA	04:36:08	04:35:47
163	146	30	141	SECHI	GIOVANNI LUIGI	M	SM45	GS MONTE ACUTO MARATHON	ITA	04:38:56	04:38:40
164	147	30	165	STARA	STEFANO	M	SM50	RUNCARD	ITA	04:39:44	04:39:22
165	148	25	43	TODDE	ANDREA	M	SM40	GS RUNNERS CAGLIARI	ITA	04:40:14	04:39:26
166	149	31	70	PANI	RAFFAELE	M	SM45	NUOVA ATLETICA SARDEGNA	ITA	04:48:03	04:48:03
167	150	31	119	MANCOSU	SALVATORE	M	SM50	MARATHON CLUB ORISTANO	ITA	04:48:06	04:47:12
168	151	32	14	TOLU	MAURO	M	SM45	AS TESPIENSE QUARTU	ITA	04:59:24	04:59:03